

KITCHEN

Chore Schedule

Daily

- Wash and put away dishes
- Wipe down countertops, tables, and stovetops
- Sweep or vacuum the floor and spot-clean spills
- Take out the trash if full
- Wipe down the sink and faucet

Weekly

- Mop the floor
- Clean appliance exteriors
- Wipe down cabinets and handles
- Sanitize frequently touched surfaces (light switches, fridge handle)
- Organize pantry and fridge and toss expired items
- Scrub stovetop burners and grates

Monthly

- Deep clean the fridge and freezer
- Wipe down walls, backsplash, and baseboards
- Descale the coffee maker or kettle
- Clean exhaust fan or range hood filter
- Clean inside the microwave

Seasonal

- Declutter and reorganize pantry and cabinets
- Deep clean garbage disposal and sink drain
- Scrub grout and deep clean tiles
- Clean inside the oven and dishwasher