

BEDROOM

Chore Schedule

Daily

- Make the bed
- Pick up and put away clothes
- Remove any trash
- Open windows for fresh air (if possible)

Weekly

- Dust furniture, shelves, and decor
- Wipe down nightstands and surfaces
- Vacuum or sweep and mop the floor
- Wash bed sheets and pillowcases
- Wipe mirrors and glass surfaces
- Organize and declutter your dresser, nightstand, and other surfaces

Monthly

- Vacuum under the bed and behind any furniture
- Wash blankets, duvet covers, and pillow protectors
- Clean and organize closet and drawers
- Wipe down doors, light switches, and baseboards
- Clean your mattress and rotate it if necessary

Seasonal

- Wash curtains or wipe down blinds
- Declutter and donate unused items
- Deep clean carpets or rugs
- Dust ceiling fan and light fixtures
- Disinfect frequently touched areas (doorknobs, remotes, switches)